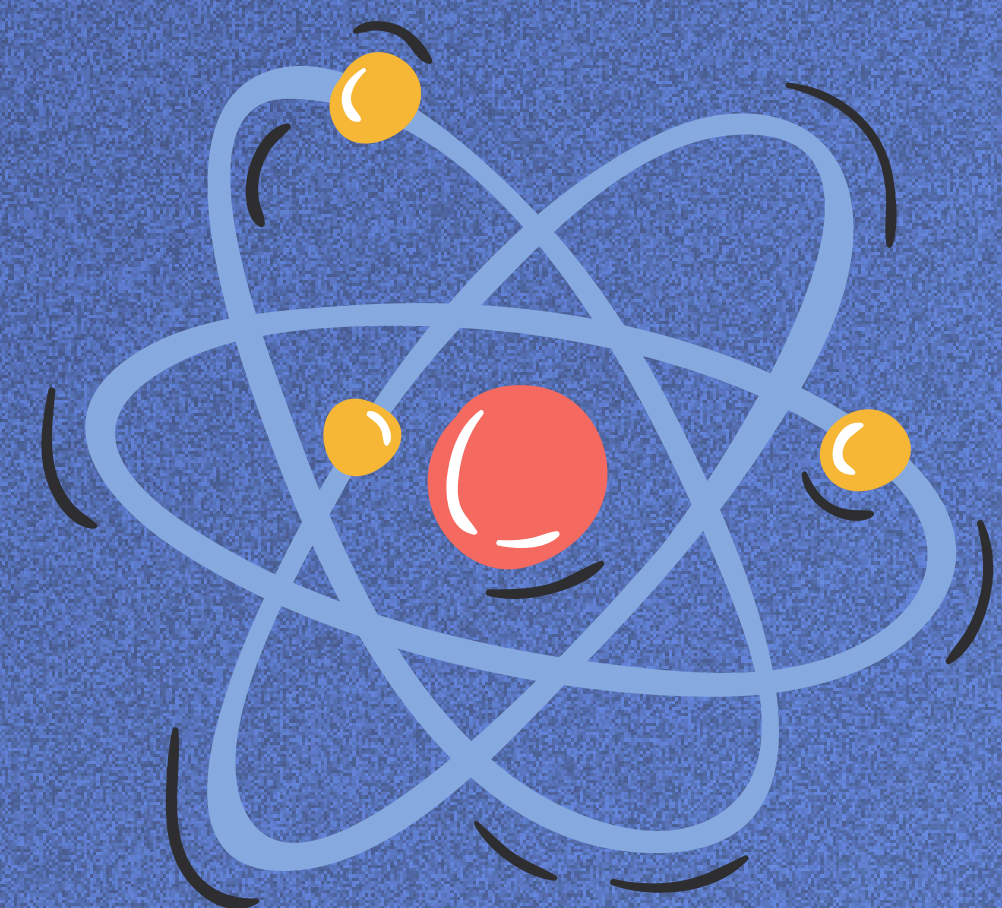


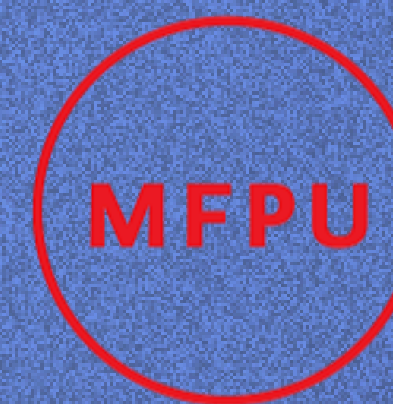


SESTRINSTVO I ZNANOST

Patricia Bezek¹, Katarina Vuk¹, Mateo Lebinec¹, Dijana Majstorović¹

¹Medicinski fakultet u Puli, Sveučilište Jurja Dobrića u Puli

E-MAIL: dijana.majstorovic@unipu.hr



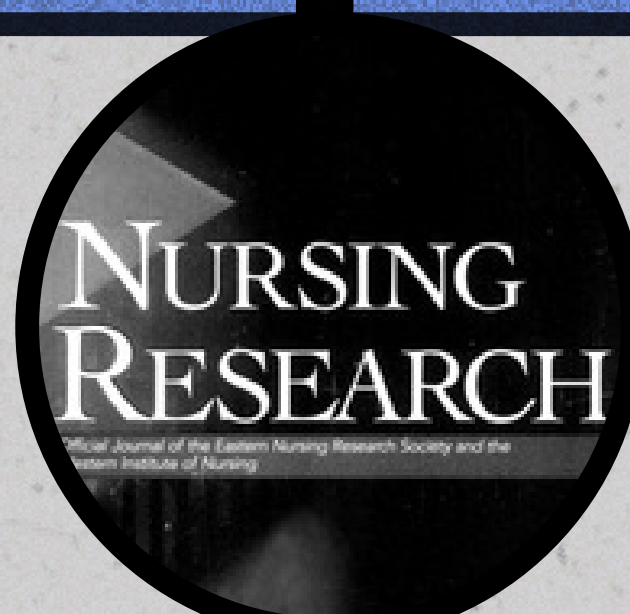
1859.



Florence Nightingale

- “Notes of Nursing”
- temelji zdravstvene njege utemeljene na dokazima (3)

1952.



Nursing Research

- prvi sestrinski časopis koji objavljuje rezultate kliničkih istraživanja

2024.



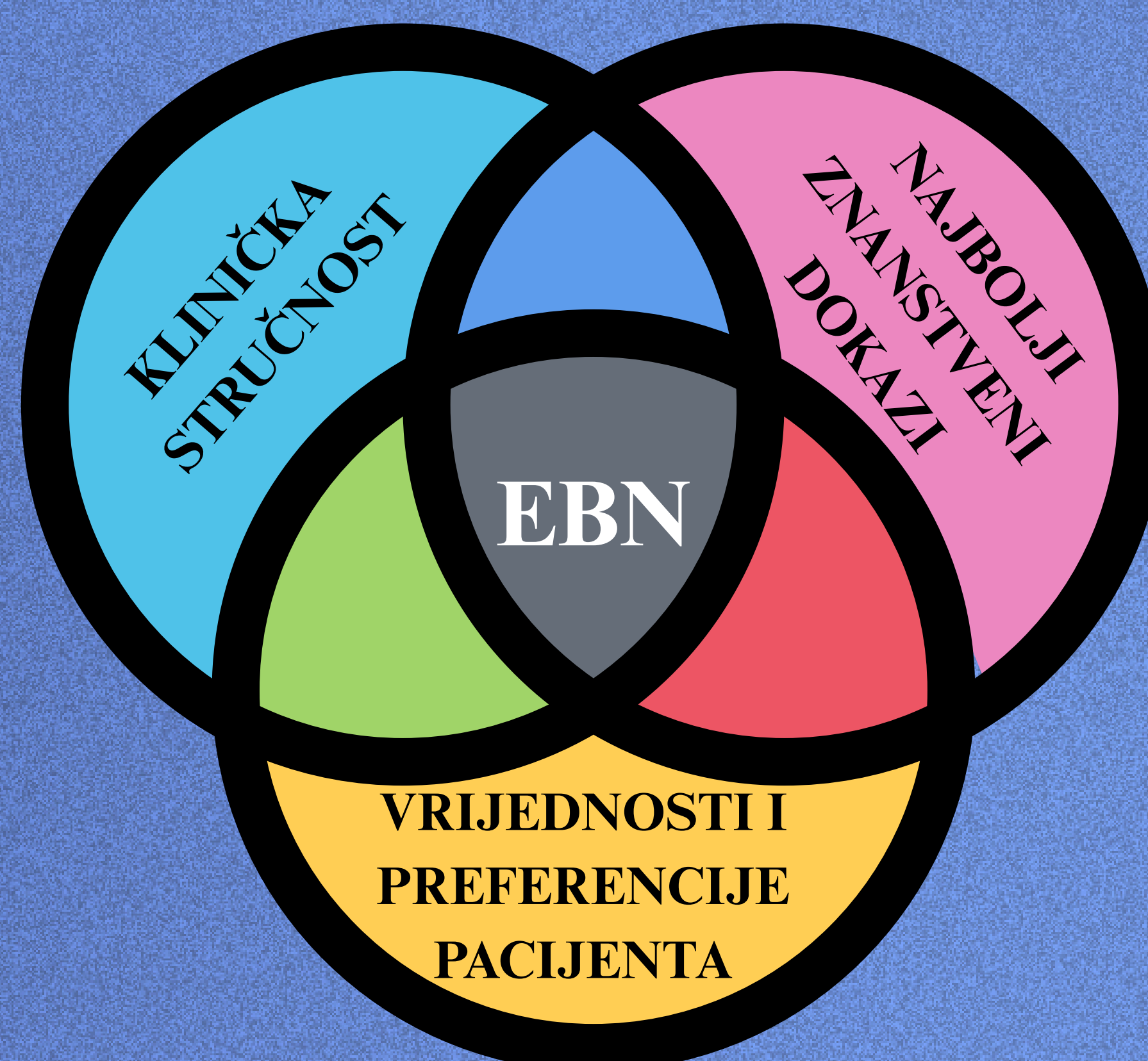
Primjeri sestrinskih časopisa u RH:

- Plavi fokus, Sestrinski glasnik, Sestrinski časopis iz RH uvršten u Scopus - Croatian Nursing Journal

Zdravstvena njega utemeljena na dokazima (EBN):

- koristi rezultate istraživanja kao temelj sestrinskih odluka, aktivnosti i interakcije s pacijentom (1,2)
- cilj: poboljšati praksu i ubrzati pacijentov oporavak (4)
- načelo: svaka odluka temelji se na dokazima iz kliničkih istraživanja (2,4,5)

Pristup donošenju odluka i pružanju zdravstvene njege utemeljene na dokazima temelji se na:



Primjena EBN-a uključuje:

1. Postavi pitanje
2. Pretraži sustavno znanstvene dokaze
3. Procijeni valjanost, važnost i primjenjivost
4. Primijeni u praksi uz uvažavanje pacijenta (6)



“No one-size-fits-all treatment method”



LITERATURA

- (1) Cochrane. (n.d.). Cochrane Nursing. [Online] Dostupno na: <https://nursing.cochrane.org/>
- (2) Mangay-Maglacas, A. (1992). Nursing research in developing countries: Needs and prospects. Journal of Advanced Nursing, 17(3), 267–270. [Online] Dostupno na: https://www.sciencemuseum.org.uk/objects-and-stories/florence-nightingale-pioneer-statistician?utm_source
- (3) Science Museum. (n.d.). Florence Nightingale: The pioneer statistician [Online] Dostupno na: https://onlinelibrary.wiley.com/doi/abs/10.1046/j.1466-7657.45.no.1.issue337.4.x?utm_source
- (4) Tierney, A.J. (1998). Nursing Research in Europe. International Nursing Review, 45(1), 15–19. [Online] Dostupno na: https://onlinelibrary.wiley.com/doi/full/10.1046/j.1466-7657.2001.00032.x?utm_source
- (5) Webb, C. (1998). Nursing research in a developing country: A different edge. Journal of Clinical Nursing, 7(6), 485–487. [Online] Dostupno na: <https://pubmed.ncbi.nlm.nih.gov/10222942>
- (6) American Nurses Association. What is evidence-based practice in nursing? [Online]. ANA. Dostupno na: <https://www.nursingworld.org/content-hub/resources/workplace/evidence-based-practice-in-nursing/>